

June 2024 Head Start Menu - Biron Center

Monday

Tuesday

Wednesday

Thursday

Friday

All-day session children receive breakfast, lunch and snack.

Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.

WG = whole grain WGR = whole grain rich HM = homemade

<p>3 WG Cheerios, Blueberries</p> <p>HM Sloppy Joes on WG Bun, Cheese Slices, Tater Tots, Seasonal Fruit</p> <p>WG Animal Crackers, 100% Juice Slush Cups Preschool Only</p>	<p>4 WG Pancakes, Baked Cinnamon Apples</p> <p>Burger with WG Bun, Cheese Slices, Carrots & Dip, WG Sun Chips, Pickles, Watermelon Slices</p> <p>WG Muffin</p>	<p>5 Special K Cereal, Bananas</p> <p>Chicken Alfredo, WG Breadstick, Cherry Tomatoes, Cauliflower & Dip, Pineapple</p> <p>WG Graham Crackers, Peanut Butter Last Day for Preschool</p>	<p>6 WG Muffin Bar, Strawberries</p> <p>Taco Meat w Lentils, WG Tortilla Chips, Cheese, Salsa, Lettuce, Black Beans, Sour Cream, Pears</p> <p>Cheese Cubes, Apple slices</p>	<p>7 WG French Toast Bread, Seasonal Fruit</p> <p>Turkey Rollup w WG Tortilla, Cheese Slices, Roasted Carrots, Cheesy Tots, Grapes</p> <p>WG Bagels, Cream Cheese, Jelly</p>
<p>10 Scrambled Eggs, WG Toast, Fruit Salsa</p> <p>Pulled Pork BBQ on a WG Bun, Broccoli, Potato Smiles, Peaches</p> <p>WG Tortilla Chips, Salsa</p>	<p>11 WG French Toast Sticks, Kiwi</p> <p>WG Chicken Nuggets, Buttered Noodles, WG Roll, Green Beans, Applesauce</p> <p>Yogurt, WG Granola, Blueberries</p>	<p>12 WG Kix Cereal, Bananas</p> <p>Meatballs, Sauce, WG Bun, Cottage Cheese, Tater Tots, Clementines</p> <p>Trail Mix w WG Goldfish Crackers, 100% Juice Slush Cup</p>	<p>13 WG Frosted Mini Wheats Cereal, Strawberries</p> <p>Roasted Turkey, Gravy, Mashed Cauliflower/ Potatoes, WG Roll, Grapes</p> <p>Rice Cakes, Peaches</p>	<p>14 Breakfast Sandwich, (WG English Muffin, Egg Patty, Cheese Slice), Applesauce</p> <p>WG Spaghetti with Meat Sauce, Cheese Filled Breadstick, Cali Veggie Blend, Oranges</p> <p>WG Muffin</p>
<p>17WG Cheerios, Fresh Berries</p> <p>Turkey sandwich on WG Roll, French Fries, Snap Pea Pods & Dip, Peaches</p> <p>Cheese and Crackers</p>	<p>18 Cinnamon Toast, Applesauce</p> <p>Cheese Ravioli, Meat Sauce, WG Breadsticks, Broccoli, Fruit Salad</p> <p>WG Graham Crackers, Fresh Strawberries</p>	<p>19 Scrambled Eggs, Hash Brown Patties, WG Toast, Jelly</p> <p>Meatballs, Gravy, Mashed Potatoes, WG Bread/Roll, Green Beans, Watermelon</p> <p>WG Sun Chips, 100% Juice</p>	<p>20 WG Life Cereal, Blueberries</p> <p>Chicken Fajita Strips, WG Softshells, Cheese, Salsa, Lettuce, Red Pepper Strips, Oranges</p> <p>Celery & Peanut Butter, Raisins</p>	<p>21 WG Muffin Bars, Peaches</p> <p>Ham & Cheese on Hawaiian Roll, Pasta Salad, Cucumbers & Dip, Grapes</p> <p>Cottage Cheese, WG Goldfish Crackers</p>
<p>24 Cinnamon Toast, Applesauce</p> <p>WG Chicken Strips, Rice Pilaf, Cooked Carrots, Tropical Fruit Salad</p> <p>WG Tortilla Chips & Salsa</p>	<p>25 HM Breakfast Pizza (Crust, Egg, Cheese & Sausage), Sliced Apples</p> <p>HM Macaroni & Cheese, Diced Ham, WG Breadstick, Peas, Mandarin Oranges</p> <p>WG Peanut Butter and Jelly Sandwich</p>	<p>26 WG Waffles, Strawberries</p> <p>WG Spaghetti Noodles, HM Meat Sauce, Garlic Bread, Italian Blended Veggies, Pears</p> <p>Yogurt, WG Granola, Berries</p>	<p>27 Breakfast Burrito, (WG Tortilla, Eggs, Cheese, Ham), Bananas</p> <p>HM Beef Stroganoff, Buttered Noodles, WG Roll/Bread, Broccoli, Pineapple</p> <p>Hard Boiled Eggs, WG Goldfish Crackers</p>	<p>28 WG Toast with Peanut Butter, Oranges</p> <p>Hot Ham & Cheese on Pretzel Bun, Sweet Potato Fries, Carrots & Dip, Grapes</p> <p>WG Muffin, 100% Juice Slush Cups</p>

** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.