

June 2024 Head Start Menu - Marshfield Center

Monday

Tuesday

Wednesday

Thursday

Friday

All-day session children receive breakfast, lunch and snack.

Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.

WG = whole grain WGR = whole grain rich HM = homemade

<p>3 WG Cheerios, Applesauce</p> <p>HM Sloppy Joes on WG Bun, Cheese Slices, Tater Tots, Seasonal Fruit</p> <p>Hard Boiled Eggs, WG Goldfish Cracker</p> <p style="color: red;">Preschool Only</p>	<p>4 Special K Cereal, Strawberries</p> <p>HM Beef Stroganoff, Buttered Noodles, WG Roll/Bread, Broccoli, Pineapple</p> <p>WG Scooby Snacks, 100% Juice Slush Cups</p> <p style="color: red;">Last Day for Preschool</p>	<p>5 WG Pancakes, Peaches</p> <p>Chicken Alfredo, WG Breadstick, Cherry Tomatoes, Cauliflower & Dip, Pears</p> <p>WG Graham Crackers, Peanut Butter</p>	<p>6 WG Muffin Bar, Banana</p> <p>Taco Meat, WG Tortilla Chips, Cheese, Salsa, Lettuce, Black Beans, Sour Cream, Pineapple</p> <p>Cheese Cubes, Apple slices</p>	<p>7 WG French Toast Bread, Seasonal Fruit</p> <p>Turkey Rollup w WG Tortilla, Cheese Slices, Coleslaw, Cheesy Tots, Grapes</p> <p>WG Bagels, Cream Cheese, Jelly</p>
<p>10 WG Frosted Mini Wheats Cereal, Applesauce</p> <p>Pulled Pork on a WG Bun, BBQ, Broccoli, Potato Smiles, Peaches</p> <p>WG Tortilla Chips, Salsa</p>	<p>11 WG Kix Cereal, Kiwi</p> <p>WG Chicken Nuggets, Buttered Noodles, WG Roll, Green Beans, Applesauce</p> <p>Yogurt, WG Granola, Blueberries</p>	<p>12 WG French Toast Sticks, Bananas</p> <p>Meatballs, Sauce, WG Bun, Cheese Slices, Tater Tots, Mandarin Oranges</p> <p>Trail Mix w WG Goldfish Crackers, 100% Juice Slush Cup</p>	<p>13 Scrambled Eggs, WG Toast, Fruit Salsa</p> <p>WG English Muffin Pizzas, Cottage Cheese, Cucumbers & Dip, Grapes</p> <p>Rice Cakes, Peaches</p>	<p>14 Breakfast Sandwich, (WG English Muffin, Egg Patty, Cheese Slice), Strawberries</p> <p>WG Spaghetti with Meat Sauce, Cheese Filled Breadstick, Lettuce Salad, Pears</p> <p>WG Muffin</p>
<p>17 WG Muffin Bars, Applesauce</p> <p>Turkey sandwich on WG Roll, French Fries, Pea, Peaches</p> <p>Celery, Raisins, Peanut Butter</p>	<p>18 Cinnamon Toast, Fresh Strawberries</p> <p>Cheese Ravioli, Meat Sauce, WG Breadsticks, Broccoli, Melon</p> <p>WG Graham Crackers, Strawberries</p>	<p>19 Scrambled Eggs, Hash Browns Patties, WG Toast, Fruit Cocktail</p> <p>Meatballs, Gravy, Mashed Potatoes, WG Bread/Roll, Green Beans, Watermelon</p> <p>WG Sun Chips, 100% Juice</p>	<p>20 WG Waffles, Blueberries</p> <p>Chicken Fajita Strips, WG Softshells, Cheese, Salsa, Lettuce, Red Pepper Strips, Clementines</p> <p>Cheese and Crackers</p>	<p>21 WG Cheerios, Fresh Berries</p> <p>Ham & Cheese on Hawaiian Roll, Pasta Salad, Cucumbers & Dip, Grapes</p> <p>Cottage Cheese, WG Goldfish Crackers</p>
<p>24 WG Blueberry Bread, Applesauce</p> <p>WG Chicken Strips, Rice Pilaf, Cooked Carrots, Tropical Fruit Salad</p> <p>WG Tortilla Chips & Salsa</p>	<p>25 WG Life Cereal, Strawberries</p> <p>HM Macaroni & Cheese, Diced Ham, WG Breadstick, Peas, Mandarin Oranges</p> <p>WG Peanut Butter and Jelly Sandwich</p>	<p>26 Breakfast Burrito, (WG Tortilla, Eggs, Cheese, Ham), Bananas</p> <p>WG Spaghetti Noodles, HM Meat Sauce, Garlic Bread, Broccoli/Cauliflower, Pears</p> <p>Yogurt, WG Granola, Berries</p>	<p>27 WG Pumpkin Bread, Watermelon</p> <p>Burger with WG Bun, Cheese Slices, Carrots & Dip, WG Sun Chips, Pickles, Fresh Fruit</p> <p>WG Muffin</p>	<p>28 WG Toast with Peanut Butter, Fresh Blueberries</p> <p>Hot Ham & Cheese on Pretzel Bun, Sweet Potato Fries, Carrots & Dip, Grapes</p> <p>WG Goldfish, 100% Juice Slush Cups</p>

** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.