## August 2024 Head Start Menu - Biron Center

Monday	Tuesday	Wednesday	Thursday	Friday
All-day sessions serve breakfast, lunch & snack.  WG= Whole Grain HM = homemade  Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.			1 WG Pancakes, Strawberries  Hamburger on WG Bun, Cheese Slices, Pickles, Tater Tots, Baked Beans, Mandarin Oranges Cheese Cubes, WG Goldfish Crackers	2 WG Cheerios, Blueberries  Meatloaf, Mashed Potatoes, Gravy, WG Breadstick, Green Beans, Pears  WG Animal Crackers, 100% Juice
5 Cantar Classed	Center Closed	7 Center Closed	8 Center Closed	9 Center Closed
Center Closed  12 WG Frosted Mini Wheats Cereal, Peaches	13 <b>WG</b> Blueberry Muffin Bar, Applesauce	14 <b>WG</b> French Toast Sticks, Fruit Salsa	15 <b>WG</b> Kix Cereal,	16 <b>WG</b> English Muffin, Apple Slices,
HM Macaroni & Cheese, Diced Ham, <b>WG</b> Roll, Peas, Pears  String Cheese, Pretzels	Shredded Chicken on Hawaiian Roll, Cheese Slices,Roasted Broccoli, Tropical Fruit <b>WG</b> Graham Crackers, Strawberries	Chicken Fajitas: Chicken Strips, <b>WG</b> Softshells, Cheese, Salsa, Lettuce, Bell Pepper Strips, Oranges Cottage Cheese, Pineapple	Ham & Cheese on Pretzel Bun, Sweet Potato Fries, Grapes WG Rice Cakes, Peaches	Peanut Butter  HM Meat & Cheese Pizza, Cottage Cheese, Cucumbers & Dip, Oranges  WG Peanut Butter and Jelly Sandwich
19 <b>WG</b> Apple Cinnamon Muffin Bars, Applesauce Spaghetti, Meat Sauce, <b>WG</b> Garlic Bread, Green Beans, Mandarin Oranges 100% Juice, Trail Mix	20 Cinnamon Toast, Peaches  BBQ on a <b>WG</b> Bun, Cheese Cubes, Baked Beans, Potato Smiles, Watermelon  Yogurt, Blueberries, <b>WG</b> Granola	21 Breakfast Pizza, (Crust, Eggs, Ham, Cheese), Bananas HM WG English Muffin Pizza, Cottage Cheese, Baby Carrots & Dip, Pineapple WG Banana Bread	22 WG Waffle Sticks, Applesauce Turkey Rollup with WG Tortillas, Potato Salad, Cauliflower & Broccoli, Grapes WG Sunchips	23 Scrambled Eggs, WG Toast, Jelly, Blueberries  HM Chicken & Cheese Quesadilla on WG Tortilla, Salsa, Sour Cream, Corn, Pears  Celery and Nut Butter
26 WG Life Cereal, Applesauce  Deli Chicken & Cheese on Hawaiian Roll, Pasta Salad, Roasted Carrots, Tropical Fruit Salad  WG Animal Crackers	27 WG Cheerios, Pears Chicken Strips, WG Cheesy Breadstick, Green Beans, Grapes Apple Slices and Cheddar Cheese	28 WG Pancakes, Bananas  HM Grilled Cheese Sandwich on WG Bread, Tomato Soup, Dice Ham, Cucumbers & Dip, Mandarin Oranges  Trail Mix	29 WG Toasted Bagels, Cream Cheese, Fruit Salsa WG Soft Shells, Taco Meat/Lentils, Shredded Cheese & Lettuce, Black Beans, Broccoli, Salsa, Mango WG Muffins, 100% Juice Slush Cup	30 WG Banana Bread, Mixed Berries  WG Chicken Nuggets, Buttered Noodles, WG Roll, Peas, Applesauce  Hard Boiled Eggs, Clementines

<sup>\*\*</sup> Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.