

August 2024 Head Start Menu - Marshfield Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All-day sessions serve breakfast, lunch & snack.</p> <p>WG= Whole Grain HM = homemade</p> <p style="color: red;">Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p>			<p>1 WG Pancakes, Strawberries</p> <p>Hamburger on WG Bun, Cheese Slices, Pickles, Tater Tots, Baked Beans, Mandarin Oranges</p> <p>Cheese Cubes, WG Goldfish Crackers</p>	<p>2 WG Cheerios, Blueberries</p> <p>Meatloaf, Mashed Potatoes, Gravy, WG Rolls, Green Beans, Pears</p> <p>WG Animal Crackers, 100% Juice</p>
<p>5 Special K Cereal, Pears</p> <p>Fish Sticks, WG Brown Rice, Peas, Pineapple</p> <p>WG Graham Crackers</p> <p style="color: red; text-align: center;">Y Kids Only</p>	<p>6 WG Waffles, Strawberries</p> <p>Spaghetti Bake, WG Breadstick, Green Beans, Applesauce</p> <p>WG Sunchips</p> <p style="color: red; text-align: center;">Y Kids Only</p>	<p>7 WG Toasted Bagels, Jelly, Cream Cheese, Bananas</p> <p>Corn Dogs, French Fries, Corn, Mandarin Oranges</p> <p>WG Pumpkin Bread</p> <p style="color: red; text-align: center;">Y Kids Only</p>	<p>8 WG French Toast, Blueberries</p> <p>Pizza Burgers on WG Bun, Cauliflower Rice, Broccoli, Fruit Cocktail</p> <p>String Cheese, Ritz Crackers</p> <p style="color: red; text-align: center;">Y Kids Only</p>	<p>9 WG Muffins, Peaches</p> <p>WG Breaded Chicken Strips, Potato Smiles, Corn, Tropical Fruit</p> <p>WG Tortilla chips, Salsa</p> <p style="color: red; text-align: center;">Y Kids Only</p>
<p>12 WG Blueberry Snack Bread, Applesauce</p> <p>HM Macaroni & Cheese, Diced Ham, WG Roll, Peas, Pears</p> <p>String Cheese, Pretzels</p>	<p>13 WG Frosted Mini Wheats Cereal, Peaches</p> <p>Shredded Chicken on Hawaiian Roll, Cheese Slices, Cherry Tomatoes, Cucumbers & Dip, Kiwi</p> <p>WG Graham Crackers, Strawberries</p>	<p>14 WG French Toast Sticks, Fruit Salsa</p> <p>Chicken Fajitas: Chicken Strips, WG Softshells, Cheese, Salsa, Lettuce, Bell Pepper Strips, Oranges</p> <p>Cottage Cheese, Pineapple</p>	<p>15 WG Kix Cereal, Bananas</p> <p>Ham & Cheese on WG Buns, Sweet Potato Fries, Grapes</p> <p>WG Rice Cakes, Peaches</p>	<p>16 WG English Muffin, Apple Slices, Peanut Butter</p> <p>Cheesy Flatbread, Lettuce Salad with Tomatoes, Cottage Cheese, Tropical Fruit</p> <p>WG Peanut Butter and Jelly Sandwich</p>
<p>19 WG Apple Cinnamon Muffins, Applesauce</p> <p>Spaghetti, Meat Sauce, WG Garlic Bread, Green Beans, Mandarin Oranges</p> <p>100% Juice Slush Cups, Trail Mix</p>	<p>20 Cinnamon Toast, Peaches</p> <p>Chicken Strips, WG Cheesy Breadstick, Peas, Fruit Cocktail</p> <p>Yogurt, Blueberries, WG Granola</p>	<p>21 Rice Krispies Cereal, Bananas</p> <p>HM WG English Muffin Pizza, Cottage Cheese, Potato Smiles, Pineapple</p> <p>WG Banana Bread</p>	<p>22 WG Waffle Sticks, Applesauce</p> <p>Turkey Rollup with WG Tortillas, Potato Salad, Cauliflower & Broccoli, Grapes</p> <p>WG Sunchips</p>	<p>23 Scrambled Eggs, WG Toast, Jelly, Blueberries</p> <p>HM Chicken & Cheese Quesadilla on WG Tortilla, Salsa, Sour Cream, Corn, Pears</p> <p>WG Goldfish Crackers</p>
<p>26 WG Life Cereal, Applesauce</p> <p>Deli Chicken & Cheese on Hawaiian Roll, Pasta Salad, Roasted Carrots, Tropical Fruit Salad</p> <p>WG Animal Crackers</p>	<p>27 WG Cheerios, Pears</p> <p>BBQ on a WG Bun, Cheese Cubes, Baked Beans, Potato Smiles, Watermelon</p> <p>WG Chex Mix</p>	<p>28 WG Pancakes, Bananas</p> <p>HM Grilled Cheese Sandwich on WG Bread, Tomato Soup, Dice Ham, Cucumbers & Dip, Mandarin Oranges</p> <p>Trail Mix</p>	<p>29 WG Toasted Bagels, Cream Cheese, Fruit Salsa</p> <p>WG Soft Shells, Taco Meat, Shredded Cheese & Lettuce, Black Beans, Broccoli, Salsa, Mango</p> <p>WG Muffins, 100% Juice</p>	<p>30 WG Banana Bread, Mixed Berries</p> <p>WG Chicken Nuggets, Buttered Noodles, WG Roll, Peas, Applesauce</p> <p>Clementines</p>

** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.