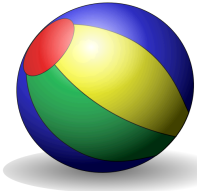
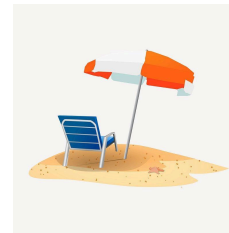





## August 2024 Head Start Menu - West Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>All-day sessions serve breakfast, lunch &amp; snack.</b></p> <p>WG= Whole Grain HM = homemade</p> <p style="color: red;">Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p>			<p><b>1 WG</b> Pancakes, Strawberries</p> <p>Hamburger on <b>WG</b> Bun, Cheese Slices, Pickles, Tater Tots, Baked Beans, Mandarin Oranges</p> <p>Cheese Cubes, <b>WG</b> Goldfish Crackers</p>	<p><b>2 WG</b> Cheerios, Blueberries</p> <p>Meatloaf, Mashed Potatoes, Gravy, <b>WG</b> Breadstick, Green Beans, Pears</p> <p><b>WG</b> Animal Crackers, 100% Juice</p>
5	6	7	8	9
 <p style="color: red;">Center Closed</p>	 <p style="color: red;">Center Closed</p>	 <p style="color: red;">Center Closed</p>	 <p style="color: red;">Center Closed</p>	 <p style="color: red;">Center Closed</p>
<p><b>12 WG</b> Blueberry Muffin Bar, Applesauce</p> <p>HM Macaroni &amp; Cheese, Diced Ham, <b>WG</b> Roll, Peas, Pears</p> <p>String Cheese, Pretzels</p>	<p><b>13 WG</b> Frosted Mini Wheats Cereal, Peaches</p> <p>Shredded Chicken on Hawaiian Roll, Cheese Slices, Cherry Tomatoes, Cucumbers &amp; Dip, Kiwi</p> <p><b>WG</b> Graham Crackers, Strawberries</p>	<p><b>14 WG</b> Pancakes, Yogurt, <b>WG</b> Granola, Fresh Strawberries &amp; Blueberries</p> <p>Chicken Fajitas: Chicken Strips, <b>WG</b> Softshells, Cheese, Salsa, Lettuce, Bell Pepper Strips, Oranges</p> <p>Cottage Cheese, Pineapple</p>	<p><b>15 WG</b> Kix Cereal, Bananas</p> <p>Ham &amp; Cheese on Pretzel Bun, Sweet Potato Fries, Grapes</p> <p><b>WG</b> Rice Cakes, Peaches</p>	<p><b>16 WG</b> English Muffin, Apple Slices, Peanut Butter</p> <p>HM Meat &amp; Cheese Pizza, Cottage Cheese, Lettuce Salad, Oranges</p> <p><b>WG</b> Peanut Butter and Jelly Sandwich</p>
<p><b>19 WG</b> Apple Cinnamon Muffin Bars, Applesauce</p> <p>Spaghetti, Meat Sauce, <b>WG</b> Garlic Bread, Green Beans, Mandarin Oranges</p> <p>100% Juice Popsicles, Trail Mix</p>	<p><b>20</b> Cinnamon Toast, Peaches</p> <p>BBQ on a <b>WG</b> Bun, Cheese Cubes, Baked Beans, Potato Smiles, Watermelon</p> <p>Yogurt, Blueberries, <b>WG</b> Granola</p>	<p><b>21</b> Breakfast Pizza, (Crust, Eggs, Ham, Cheese), Bananas</p> <p>HM <b>WG</b> English Muffin Pizza, Cottage Cheese, Potato Smiles, Pineapple</p> <p><b>WG</b> Banana Bread</p>	<p><b>22 WG</b> Waffle Sticks, Applesauce</p> <p>Turkey Rollup with <b>WG</b> Tortillas, Potato Salad, Cauliflower &amp; Broccoli, Grapes</p> <p><b>WG</b> Sunchips</p>	<p><b>23</b> Scrambled Eggs, <b>WG</b> Toast, Jelly, Blueberries</p> <p>HM Chicken &amp; Cheese Quesadilla on <b>WG</b> Tortilla, Salsa, Sour Cream, Corn, Pears</p> <p>Celery and Nut Butter</p>
<p><b>26 WG</b> Life Cereal, Applesauce</p> <p>Deli Chicken &amp; Cheese on Hawaiian Roll, Pasta Salad, Roasted Carrots, Tropical Fruit Salad</p> <p><b>WG</b> Animal Crackers</p>	<p><b>27 WG</b> Cheerios, Pears</p> <p>Chicken Strips, <b>WG</b> Cheesy Breadstick, Green Beans, Grapes</p> <p>Apple Slices and Cheddar Cheese</p>	<p><b>28 WG</b> Pancakes, Bananas</p> <p>HM Grilled Cheese Sandwich on <b>WG</b> Bread, Tomato Soup, Dice Ham, Cucumbers &amp; Dip, Mandarin Oranges</p> <p>Trail Mix</p>	<p><b>29 WG</b> Toasted Bagels, Cream Cheese, Fruit Salsa</p> <p><b>WG</b> Soft Shells, Taco Meat, Shredded Cheese &amp; Lettuce, Black Beans, Broccoli, Salsa, Mango</p> <p><b>WG</b> Muffins, 100% Juice Slush Cup</p>	<p><b>30 WG</b> Banana Bread, Mixed Berries</p> <p><b>WG</b> Chicken Nuggets, Buttered Noodles, <b>WG</b> Roll, Peas, Applesauce</p> <p>Hard Boiled Eggs, Clementines</p>

\*\* Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.