

November 2024 Head Start Menu - Biron Center



Monday

Tuesday

Wednesday

Thursday

Friday

<p>All-day session children receive breakfast, lunch and snack.</p> <p style="color: red;">Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p>WG = whole grain WGR = whole grain rich HM = homemade</p> <p>** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.</p>				
<p>4</p>  <p style="color: red;">Center Closed</p>	<p>5 WG English Muffin, Jelly, Applesauce</p> <p>Turkey & Cheese Sandwich on Hawaiian Roll, Sweet Potato Fries, Pears</p> <p>Yogurt, Berries, WG Granola</p>	<p>6 Breakfast Burrito (WG Tortilla, Egg, Cheese & Ham), Bananas</p> <p>Spaghetti with Meat Sauce, WG Cheesy Breadstick, Italian Vegetables, Grapes</p> <p>WG Graham Crackers, Applesauce</p>	<p>7 WG Frosted Mini Wheats, Blueberries</p> <p>Pizza Burger on WG Bun, French Fries, Watermelon</p> <p>Celery Sticks, Peanut Butter, Raisins</p>	<p>1 Special K Cereal, Blueberries</p> <p>Lentil BBQ on a WG Bun, Green Beans, Pears</p> <p>WG Animal Crackers</p> <p style="color: red;">IT ONLY</p>
<p>11 WG Banana Muffin Bars, Mixed Berries</p> <p>HM Macaroni & Cheese, Diced Ham, Peas, Fruit Salad</p> <p>WG Banana Bread</p> <p style="color: red;">IT ONLY</p>	<p>12 WG French Toast Bread, Pears</p> <p>Chicken Patty with WG Bun, Cheese Slices, Sliced Beets, Oranges</p> <p>Cheese Cubes and Apple Slices</p>	<p>13 WG Waffles, Peaches</p> <p>Tomato Soup, HM Grilled Cheese & Ham on WG Bread, Cucumber Salad, Grapes</p> <p>Cottage Cheese & Strawberries</p>	<p>14 WG Cheerios, Banana</p> <p>Meatloaf with Sauce, Rice Pilaf, California Vegetables, Mandarin Oranges</p> <p>WG Tortilla Chips, Salsa</p>	<p>15 Scrambled Eggs, Hash Brown Patties</p> <p>Ham & Cheese Baked Potato, WG Roll, Roasted Broccoli, Peaches</p> <p>WG Rice Cakes, 100% Juice</p>
<p>18 WG Pancakes, Fruit Salsa</p> <p>HM Chicken & Cheese Quesadilla on WG Tortilla, Black Beans, Corn, Orange Slices</p> <p>WG Trail Mix</p> <p style="color: red;">IT ONLY</p>	<p>19 Egg & Cheese Sandwich on WG English Muffin, Applesauce</p> <p>Cheese Ravioli, Meat Sauce, WG Roll, Roasted Cauliflower, Grapes</p> <p>WG Banana Bread</p>	<p>20 WG Apple Cinnamon Muffin Bars, Bananas</p> <p>HM Vegetarian Chili, Noodles, Shredded Cheese, Carrots & Dip, Pineapple</p> <p>WG Animal Crackers</p>	<p>21 WG Life Cereal, Peaches</p> <p>Burger with WG Bun, Cheese Slices, Pickles, Potato Salad, Apple Slices</p> <p>Cheese Slices & WG Crackers</p>	<p>22 Cinnamon Toast, Mandarin Oranges</p> <p>HM Tuna Melt on WG Bread, String Cheese, Peas, Applesauce</p> <p>WG Peanut Butter & Jelly Sandwich</p>
<p>25 WG Pumpkin Bread, Blueberries</p> <p>Bean & Cheese Burrito on WG Tortilla, Salsa, Corn, Tropical Fruit</p> <p>Apple Slices & Nut Butter</p> <p style="color: red;">Preschool & 4K in Session</p>	<p>26 WG Muffin, Pineapple</p> <p>HM Baked Turkey, Mashed Potatoes, Stuffing, Gravy, Green Bean Casserole, Hawaiian Roll, Orange Fluff Salad</p> <p>WG Sunchips</p>	<p>27</p>  <p style="color: red;">Center Closed</p>	<p>28</p>  <p style="color: red;">Center Closed</p>	<p>29</p>  <p style="color: red;">Center Closed</p>