

November 2024 Head Start Menu - Marshfield Center


Monday

Tuesday

Wednesday

Thursday

Friday

<p>All-day session children receive breakfast, lunch and snack.</p> <p>Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p>WG = whole grain WGR = whole grain rich HM = homemade</p> <p>** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.</p>				<p>1 Special K cereal, Blueberries</p> <p>HM Chicken & Cheese on WG Quesadilla, Black Beans, Corn, Orange slices</p> <p>WG Animal Crackers</p> <p style="text-align: center;">IT ONLY</p>
<p>4 WG Muffin, Mixed Fruit</p> <p>Spaghetti with Meat Sauce, WG Breadstick, Broccoli, Fruit Salad</p> <p>WG Graham Crackers, Applesauce Y KIDS ONLY</p>	<p>5 Cinnamon Toast, Mandarin Oranges</p> <p>Chicken Tenders, Green Beans, WG Roll, Tropical Fruit</p> <p>WG Chex Mix</p>	<p>6 WG Waffles, Bananas</p> <p>Meatballs, Scalloped Potatoes, WG Bun, California Vegetables, Oranges</p> <p>WG Graham Crackers, Peanut Butter</p>	<p>7 WG Frosted Mini Wheats, Blueberries</p> <p>Tomato Soup, Grilled Cheese on WG Bread, Ham Slices, Carrots & Dip, Peaches</p> <p>WG Tortilla Chips, Salsa</p>	<p>8 Scrambled Eggs, WG Toast, Apple Slices</p> <p>Meatloaf, Gravy, Roasted Broccoli, WG Roll, Pineapple</p> <p>Hard boiled eggs, WG Crackers</p>
<p>11 WG Blueberry Bread, Applesauce</p> <p>HM Macaroni & Cheese, Diced Ham, WG Breadstick, Peas, Fruit Salad</p> <p>WG Banana Bread</p> <p style="text-align: center;">IT ONLY</p>	<p>12 Rice Krispies, Pears</p> <p>Chicken Patty on WG Bun, Cheese Slices, Green Beans, Mandarin Oranges</p> <p>Yogurt, Berries, WG Granola</p>	<p>13 WG French Toast Bread, Bananas</p> <p>Shredded Chicken, Mashed Potatoes & Gravy, WG Roll, Cooked Carrots, Peaches</p> <p>WG Trail Mix, Fruit Cocktail</p>	<p>14 WG Cheerios, Blueberries</p> <p>Burger with WG Bun, Cheese Slices, Pickles, Potato Salad, Apple Slices</p> <p>WG Rice Cakes</p>	<p>15 Cheese Omelet, Hash Brown Patties</p> <p>Chicken Noodle Soup, Cheesy Breadstick, Peas, Strawberries</p> <p>WG Goldfish Crackers, 100% juice</p>
<p>18 WG Waffles, Fruit Salsa</p> <p>BBQ on a WG Bun, Cottage Cheese, Cauliflower & Dip, Mixed Fruit</p> <p>WG Pumpkin Bread</p> <p style="text-align: center;">IT ONLY</p>	<p>19 WG English Muffins, Peanut Butter, Jelly, Applesauce</p> <p>WG Fish Sticks, Sweet Potato Fries, Cucumbers & Dip, Pears</p> <p>WG Graham Cracker, Peanut Butter</p>	<p>20 WG Pancakes, Strawberries</p> <p>Beef Chili, Shredded Cheese, Noodles, Carrots & Dip, Grapes</p> <p>Cheese & WG Crackers</p>	<p>21 WG Apple Cinnamon Muffins, Bananas</p> <p>Cheese Ravioli, Meat Sauce, WG Roll, Broccoli, Peaches</p> <p>WG Banana Bread, 100% Juice</p>	<p>22 WG English Muffin Egg & Cheese Sandwich, Blueberries</p> <p>Chicken Nuggets, Rice Pilaf, WG Roll, Peas, Mandarin Oranges</p> <p>WG Peanut Butter and Jelly Sandwich</p>
<p>25 WG Kix Cereal, Applesauce</p> <p>Bean & Cheese Burrito, WG Tortilla Chips, Salsa, Corn, Mango</p> <p>Hard Boiled Eggs, Tropical Fruit</p> <p style="text-align: center;">Preschool & 4K in Session</p>	<p>26 WG Banana Bread, Strawberries</p> <p>Baked Turkey, Mashed Potatoes, Gravy, Green Beans, WG Roll, Mandarin Oranges</p> <p>WG Sunchips</p>	<p>27 WG Pancakes, Blueberries</p> <p>Ham & Cheese Slices, Hawaiian Roll, Peas, Peaches</p> <p>WG Chocolate Chip Oatmeal Bars</p> <p style="text-align: center;">Y KIDS ONLY</p>	<p>28</p> <div style="text-align: center;">  <p>Center Closed</p> </div>	<p>29 Cinnamon Toast, Pears</p> <p>Hamburgers, WG Bun, Cheese Slices, Potato Smiles, Mandarin Oranges</p> <p>Vanilla Wafers</p> <p style="text-align: center;">Y KIDS ONLY</p>