

December 2024 Head Start Menu - Biron Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 WG Corn Chex Cereal, Pears</p> <p>Creamy Ham and Potato Soup, WG Roll, Green Beans, Peaches</p> <p>WG Banana Bread</p> <p style="text-align: center; color: red;">IT ONLY</p>	<p>3 Egg Bake with Cheese & Sausage, Applesauce</p> <p>WG Spaghetti Noodles, Meat Sauce, Italian Veggies, Tropical Fruit</p> <p>WG Soft Pretzel & Cheese Sauce</p>	<p>4 WG Kix Cereal, Banana</p> <p>Chicken Strips, Scalloped Potatoes, WG Breadstick, Mandarin Oranges</p> <p>Yogurt, WG Granola, Blueberries</p>	<p>5 WG Blueberry Muffin Bar, Orange Slices</p> <p>HM Cheese Pizza Quesadilla on WG Tortilla, Cheese Cubes, Asparagus, Apple Slices</p> <p>WG Trail Mix</p>	<p>6 WG French Toast Sticks, Grapes</p> <p>Cheese Omelet, Roasted Diced Potatoes, WG Toast, Mixed Fruit</p> <p>HM WG Zucchini Bread, 100% Juice</p>
<p style="text-align: center;">9</p> <div style="text-align: center;">  </div> <p style="text-align: center; color: red;">Center Closed</p>	<p>10 WG Biscuits & HM Gravy, Apple Slices</p> <p>WG Chicken Nuggets, Rice Pilaf, Peas, Sliced Pears</p> <p>String Cheese, WG Goldfish Crackers</p>	<p>11 WG Bagel, Peanut Butter, Jelly, Banana</p> <p>Meatball and Gravy, Cornbread Muffins, Green Beans, Applesauce</p> <p>WG Tortilla Chips & Salsa</p>	<p>12 Special K Cereal, Strawberries</p> <p>Lentil Taco Meat, WG Tortilla, Cheese, Salsa, Lettuce, Corn, Pineapple</p> <p>WG Sunchips</p>	<p>13 WG Pancake, Fruit Salsa</p> <p>Chicken and WG Brown Rice Soup, Cheese Slices, Cucumbers & Dip, Mandarin Oranges</p> <p>WG Pumpkin Bread, 100% Juice</p>
<p>16 WG Oatmeal, Spiced Apples</p> <p>Chicken Alfredo, Buttered Noodles, WG Roll, Peas, Tropical Fruit</p> <p>Graham Cracker w/ Peanut Butter</p> <p style="text-align: center; color: red;">IT ONLY</p>	<p>17 Scrambled Eggs, WG Toast, Strawberries</p> <p>WG English Muffin Pizza, Cottage Cheese, Seasoned Zucchini, Peaches</p> <p>WG Rice Cakes</p>	<p>18 WG Frosted Mini Wheats Cereal, Banana</p> <p>Beef Stroganoff, Buttered Noodles, Mixed Vegetables, Grapes</p> <p>WG Peanut Butter & Jelly Sandwiches</p>	<p>19 WG Waffle Sticks, Fruit Salsa</p> <p>Orange Chicken, WG Brown Rice, Stir Fry Vegetables, Sliced Pears</p> <p>WG Cracker & Cheese Slices</p>	<p>20 WG Muffins, Peaches</p> <p>Ham, Scalloped Potatoes, Cooked Carrots, Hawaiian Roll, Fruit Salad</p> <p>WG Chex Mix, 100% Juice</p>
<p style="text-align: center;">23</p> <div style="text-align: center;">  </div> <p style="text-align: center; color: red;">Center Closed</p>	<p style="text-align: center;">24</p> <div style="text-align: center;">  </div> <p style="text-align: center; color: red;">Center Closed</p>	<p style="text-align: center;">25</p> <div style="text-align: center;">  </div> <p style="text-align: center; color: red;">Center Closed</p>	<p style="text-align: center;">26</p> <div style="text-align: center;">  </div> <p style="text-align: center; color: red;">Center Closed</p>	<p style="text-align: center;">27</p> <div style="text-align: center;">  </div> <p style="text-align: center; color: red;">Center Closed</p>

All-day sessions serve breakfast, lunch & snack.

Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.

WG = whole grain WGR = whole grain rich HM = homemade

** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing