

December 2024 Head Start Menu - Marshfield Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 WG Banana Bread, Pears</p> <p>Creamy Potato and Ham Soup, Saltine Crackers, Cottage Cheese, Peas, Peaches</p> <p>WG Animal Crackers</p> <p style="text-align: center; color: red;">IT ONLY</p>	<p>3 WG Kix Cereal, Orange Slices</p> <p>Chicken Nuggets, Rice Pilaf, Cooked Carrots, Tropical Fruit</p> <p>WG Rice cakes</p>	<p>4 Scrambled Eggs, WG Toast, Apple Slices</p> <p>Spaghetti & Meat Sauce, WG Breadstick, Italian Veggies, Grapes</p> <p>Cheese Cubes, Pretzels</p>	<p>5 WG Blueberry Muffin Bar, Applesauce</p> <p>WG English Muffin Pizzas, Cheese Cubes, Lettuce Salad, Mandarin Oranges</p> <p>WG Tortilla Chips & Salsa</p>	<p>6 WG French Toast Sticks, Bananas</p> <p>Cheese Omelet, Oven Roasted Diced Potatoes, WG Toast, Mixed Fruit</p> <p>WG Trail Mix, 100% Juice</p>
<p>9 WG Oatmeal Rounds, Fruit Cocktail</p> <p>Corn Dogs, French Fries, Green Beans, Peaches</p> <p>Scooby Graham Snacks</p> <p style="text-align: center; color: red;">Y Kids Only</p>	<p>10 WG Bagels, Cream Cheese, Apple Slices</p> <p>Chicken Strips, Scalloped Potatoes, WG Breadstick, Applesauce</p> <p>String Cheese, Pretzels</p>	<p>11 WG Cheerios, Strawberries</p> <p>HM Cheese Pizza Quesadilla, WG Tortilla Shell, Cottage Cheese, Cucumbers & Dip, Pineapple</p> <p>Yogurt, WG Granola, Blueberries</p>	<p>12 Egg Bake w/ Cheese and Sausage, Bananas</p> <p>Taco Meat, WG Shells, Cheese, Salsa, Lettuce, Bell Pepper Strips, Pears</p> <p>Cheese Cubes, WG Goldfish Crackers</p>	<p>13 WG English Muffin, Blueberries</p> <p>Fish Sticks, Tater Tots, Peas, Mandarin Oranges</p> <p>WG Sunchips</p>
<p>16 WG Pancakes, Applesauce</p> <p>Chicken Alfredo, Pasta, WG Roll, Peas, Pears</p> <p>Graham Cracker w/ Peanut Butter</p> <p style="text-align: center; color: red;">IT ONLY</p>	<p>17 WG Frosted Mini Wheats Cereal, Strawberries</p> <p>Shredded Chicken on Hawaiian Roll, Cheese Slices, Cooked Broccoli, Kiwi</p> <p>WG Banana Bread, 100% Juice</p>	<p>18 Scrambled Eggs, WG Toast, Melon</p> <p>Meatballs, Mashed Potatoes, Gravy, WG Roll, Mixed Fruit</p> <p>WG Peanut Butter & Jelly Sandwiches</p>	<p>19 WG French Toast Sticks, Fruit Salsa</p> <p>Beef Chili, Noodles, Shredded Cheese, Baby Carrots & Dip, Grapes</p> <p>WG Pumpkin Bread</p>	<p>20 WG Blueberry Muffins, Bananas</p> <p>Ham, Scalloped Potatoes, Cooked Carrots, WG Rolls, Mandarin Oranges</p> <p>WG Chex Mix</p>
23 Y Kids Only	24 Y Kids Only	<p>25</p>  <p style="color: red;">Center Closed</p>	26 Y Kids Only	27 Y Kids Only
30 Y Kids Only	31 Y Kids Only	1 Y Kids Only	2 Y Kids Only	3 Y Kids Only

All-day sessions serve breakfast, lunch & snack.

Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.

WG = whole grain WGR = whole grain rich HM = homemade

** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing