




January 2025 Head Start Menu - Marshfield Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All-day session children receive breakfast, lunch and snack.</p> <p style="color: red;">Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p>WG = whole grain WGR = whole grain rich HM = homemade</p>		<p>1</p>  <p style="color: red;">Center Closed</p>	<p>2</p>  <p style="color: red;">Y Kids Only</p>	<p>3</p>  <p style="color: red;">Y Kids Only</p>
<p>6 Corn Flakes, Applesauce</p> <p>Taco Meat, WG Shells, Cheese, Salsa, Lettuce, Pears</p> <p>Rice Cakes</p> <p style="color: red; text-align: center;">Y Kids Only</p>	<p>7 Special K Cereal, Strawberries</p> <p>WG Chicken Nuggets, Potato Smiles, WG Breadstick, Peas, Peaches</p> <p>WG Goldfish Crackers</p>	<p>8 WG Waffles, Blueberries</p> <p>Meatloaf, Mashed Potatoes, WG Roll, Broccoli, Fruit Cocktail</p> <p>WG Muffins</p>	<p>9 WG Bagels with Jam, Banana</p> <p>Chicken Noodle Soup, WG Cheese Filled Breadsticks, Cooked Carrots, Apple Slices</p> <p>WG Tortilla Chips, Salsa</p>	<p>10 Scrambled Eggs with Cheese, WG Toast, Pineapple</p> <p>BBQ on a WG Bun, Cheese Slices, Winter Moon Vegetables, Peaches</p> <p>WG Animal Crackers, 100% Juice</p>
<p>13 Cheese Omelet, WG Toast, Orange Slices</p> <p>Creamy Ham and Potato Soup, Saltine/Oyster Crackers, Cheese Cubes, Peas, Apple Sauce</p> <p>WG Graham Crackers, Peanut Butter</p> <p style="color: red; text-align: center;">IT ONLY</p>	<p>14 WG Frosted Mini Wheats, Pears</p> <p>Chicken Patty on WG Bun, Cheese Slices, Corn, Pears</p> <p>Hard Boiled Egg, String Cheese</p>	<p>15 WG Oatmeal w/ Baked Cinnamon Apples</p> <p>Beef Roast & Gravy, Buttered Noodles, WG Roll, Cooked Carrots, Fruit Salad</p> <p>WG Trail Mix, 100% Juice</p>	<p>16 Cinnamon Toast, Fruit Salsa</p> <p>Burger with WG Bun, Cheese Slices, French Fries, Mixed Veggies, Peaches</p> <p>WG Goldfish Crackers, Pretzels</p>	<p>17 WG Cheerios Cereal, Tropical Fruit</p> <p>Cheesy Flatbread, Lettuce Salad with Tomatoes & Cucumbers, Cottage Cheese, Strawberries</p> <p>WG Graham Snacks</p>
<p>20 WG Toast with Peanut Butter, Blueberries</p> <p>Chicken Alfredo Pasta, WG Roll, Broccoli, Peaches</p> <p>Yogurt, Mixed Berries</p> <p style="color: red; text-align: center;">IT ONLY</p>	<p>21 WG Life Cereal, Strawberries</p> <p>Stuffed Shells, Meat Sauce, Green Beans, Garlic Bread, Mandarin Oranges</p> <p>WG Sunchips, 100% Juice</p>	<p>22 WG Pancakes, Bananas</p> <p>Cheeseburger Soup, WG Breadsticks, Corn, Grapes</p> <p>WG Goldfish Crackers, String Cheese</p>	<p>23 WG Muffin, Sliced Apples</p> <p>Scalloped Potatoes & Ham, WG Roll, California Blend, Kiwi</p> <p>WG Banana Bread</p>	<p>24 WG Waffle Sticks, Tropical Fruit Salad</p> <p>Shredded Ranch Chicken, Cheese Slices, Hawaiian Roll, Cooked Peas, Pears</p> <p>WG Rice Cakes, Peanut Butter</p>
<p>27 WG Pancakes, Strawberries</p> <p>Lasagna Rolls, WG Roll, Italian Veggies, Pineapple</p> <p>Cottage Cheese, Peaches</p> <p style="color: red; text-align: center;">IT ONLY</p>	<p>28 Kix Cereal, Blueberries</p> <p>Chicken Tenders, Potato Smiles, Green Beans, Pears</p> <p>WG Animal Crackers</p>	<p>29 Cinnamon Toast, Mango</p> <p>Macaroni & Cheese, Diced Ham, WG Breadstick, Peas, Tropical Fruit Salad</p> <p>Yogurt, Blueberries, WG Granola</p>	<p>30 WG Waffles, Bananas</p> <p>WG English Muffin Pizzas, Cottage Cheese, Cooked Carrots, Peas</p> <p>WG Peanut Butter & Jelly Sandwich</p>	<p>31 WG Life Cereal, Mandarin Oranges</p> <p>Tomato Soup, HM Grilled Cheese WG Sandwich, Ham Slices, Cucs & Dip, Mandarin Oranges</p> <p>WG Trail Mix</p>