## Biron Head Start Centers February **2025** Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	<b>4 HM</b> Breakfast Pizza (Crust, Eggs, Ham, and Cheese), Pineapple	5 <b>WG</b> Toast, Jelly, Banana	6 <b>WG</b> Mini Waffles, Blueberries	7 Special K Cereal, Strawberries
	HM Broccoli Cheese Soup, Turkey Slices, WG Garlic French Bread, Carrots & Dip,	Cheese Ravioli, Meat Sauce, <b>WG</b> Breadstick, Asparagus, Fruit Salad	Lentil Taco Meat, <b>WG</b> Tortilla, Cheese, Salsa, Sour Cream, Lettuce, Corn, Grapes	<b>HM</b> Baked Chicken Parmesan, <b>WG</b> Brown Rice, Green Beans, Peaches
Center Closed	Pears WG Graham Crackers,	Cheese Cube & Apple Slices	WG Goldfish Crackers	<b>WG</b> Pumpkin Bread, 100% Juice
	Applesauce			
10 <b>WG</b> Muffin, Applesauce	11 <b>WG</b> Kix Cereal, Blueberries	12 Canadian Bacon, Hashbrown Patties	13 <b>WG</b> Pancakes, (w/Banana, Peanut Butter, Chocolate Chips)	14 <b>HM WG</b> Blueberry & Strawberry Muffin Bars, Applesauce
HM Creamy White Chili Soup w/ Chicken, WG Roll, Corn, Strawberries	HM Coconut Curry Chicken, Basmati Rice, Naan Bread, Snap Peas & Dip, Tropical Fruit	WG Spaghetti & Meat Sauce, Garlic Bread, Green Beans, Mandarin Oranges	HM Cream of Potato Soup, Ham Slices, WG Roll, Peas, Pears	Meatballs, Gravy, Mashed Potatoes, Cooked Carrots, <b>WG</b>
WG Rice Cakes	Yogurt, Mixed Berries, <b>WG</b> Granola	<b>WG</b> Tortilla Chips & Salsa	Peaches & Valentine Trail Mix	Roll, Strawberries & Pineapple Fruit Fluff
				WG Sun Chips, 100% Juice
17 <b>WG</b> French Toast Snackbread, Orange	18 <b>WG</b> Muffin, Applesauce	19 <b>WG</b> Life Cereal, Banana	20 Egg & Cheese Sandwich on Croissant,	21 <b>WG</b> Cheerios, Strawberries
Wedges HM Creamy Italian Sauce with Chicken, Buttered	HM Philly Cheesesteak Sloppy Joes on WG Bun, Cheese Slices,	<b>HM</b> Chili with Beef Lentil, Buttered Noodles, Shredded	Peaches WG Fish Sticks, HM Bean & WG Brown Rice,	Chicken Tenders, Rice Pilaf, Peas, Grapes
Noodles, <b>WG</b> Cheesy Breadstick, Green Beans, Peaches	Sweet Potato Fries, Pears	Cheese, Sour Cream, Cucumbers & Dip, Pineapple	Mixed Vegetables, Apple Slices	WG Blueberry Snackbread
WG Animal Crackers Preschool/4K in Session	String Cheese & Pretzels	WG Graham Snacks	HM WG Zucchini Bread, 100% Juice	I/T Only
24 WG Oatmeal, Raisins, Diced Apples	25 Cinnamon Toast, Peaches	26 <b>WG</b> French Toast Sticks, Fruit Salsa	27 Scrambled Eggs with Cheese, Mandarin Oranges	28 <b>WG</b> Frosted Mini Wheats Cereal, Strawberries
HM Mac & Cheese, Buttered Noodles, Diced Ham, WG Breadstick, Broccoli, Fruit Salad	HM Nachos with Beef Lentil (WG Tortilla Chips, Cheese, Lettuce, Salsa, Sour Cream),	Teriyaki Chicken, <b>WG</b> Fried Rice, Stir Fry Vegetables, Mandarin Oranges	Shredded Pork, Gravy, Mashed Potatoes, <b>WG</b> Roll, California Medley Vegetables, Apple	HM Meat/Cheese Pizza, Cottage Cheese, Cooked Carrots, Pineapple
WG Crackers & Hard-Boiled Egg	Corn, Grapes WG Chex Mix	WG Soft Pretzels &	Slices	<b>WG</b> Peanut Butter & Jelly Sandwich, 100%
I/T Only		Cheese	<b>WG</b> Goldfish Crackers, Cheese Cubes	Juice
		All-day session children receive breakfast, lunch and snack. Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.		
	<b>NO</b>	WG = whole grain	WGR = whole grain rich	HM = homemade