Biron Head Start Center April **2025** Menu

Monday	Tuesday	Wednesday	Thursday	Friday
April Showers	1 Yogurt, Peaches, WG Granola Meatloaf, Mashed Potatoes, Gravy, Hawaiian Roll, Mixed Vegetables, Pears WG Muffin	2 Croissant Sandwiches (Egg, Canadian Bacon, & Cheese), Banana Hamburger on WG Bun, Cheese Slices, Potato Smiles, Pickles, Apple Slices WG Tortilla Chips & Salsa	3 WG HM Raisin Pear Muffin Bars, Applesauce HM Creamy Ham & Potato Soup, WG Roll, Crackers, Cheese Cube, Carrots & Dip, Pineapple WG Soft Pretzels & Cheese Sauce	4 Special K Cereal, Strawberries HM Baked Chicken Parmesan, WG Breadstick, Buttered Noodles, California Vegetable, Kiwi WG Cheez-It, 100% Juice
7 WG Pumpkin Bread, Orange Slices Beef & Bean Enchilada on WG Tortilla, Cooked Carrots, Strawberries WG Crackers & String Cheese I/T ONLY	8 Breakfast Burrito (WG Tortilla, Scrambled Eggs, Cheese), Strawberries HM Beef Stroganoff, Buttered Noodles, WG Roll, Cucumber & Dip, Clementines WG Peanut/Seed Butter & Jelly Sandwich	9 WG Biscuits & HM Gravy, Jelly, Banana Ham & Cheese Slice on WG Bun, French Fries, Baked Beans, Pears Rice Cakes	10 WG Frosted Mini Wheat Cereal, Blueberries HM Cheesy Baked Chicken, WG Brown Rice, Mixed Vegetables, Pineapple WG Chex Mix	11 WG Waffle Sticks, Fruit Salsa HM Meat/Cheese Pizza, Cottage Cheese, Carrots & Dip, Fruit Salad WG HM Zucchini Bread, 100% Juice
14 WG Muffin, Applesauce Chicken Alfredo, Buttered Noodles, WG Breadstick, Roasted Broccoli, Mandarin Oranges WG Graham Snacks, Cheese Slices Preschool in Session	15 WG Life Cereal, Blueberries WG Fish Sticks, Cheese Cube, Rice Pilaf, Peas, Orange Slices Yogurt, Fruit Salsa, WG Granola	16 Scrambled Eggs, Hash Brown Patties, Strawberries Meatballs with Gravy, Mashed Potatoes, WG Roll, Green Beans, Pears WG HM Cheesy Ranch Chex Mix	17 WG Pancake, Banana HM Sloppy Joe on WG Bun, Cheese Slices, Tater Tots, Corn, Grapes WG HM Banana Bread, 100% Juice	18 CENTER CLOSED
21 WG Mini Waffle, Strawberries Cheese Ravioli, Meatballs with Sauce, WG Cheesy Breadstick, Green Beans, Apple Slices Trail Mix with WG Goldfish Crackers Preschool in Session	22 Cinnamon Toast, Peaches Orange Chicken, WG Fried Rice, Egg Rolls with Sauce, Stir Fry Veggies, Mandarin Oranges WG Sunchips	23 WG Kix Cereal, Banana HM Butter Chicken with Sauce, Naan Bread, Cucumber Salad, Pineapple WG Veggie Cracker & Cheese Slices	24 WG HM Pumpkin Muffin Bars, Applesauce HM Turkey & Wild Rice Soup, Baked Beans, Cornbread, Crackers, Sweet Potato Fries, Strawberries WG Animal Crackers	25 WG French Toast Sticks, Fruit Salsa Pulled Pork, Corn Tortillas, Spanish Rice, Sour Cream, Salsa, Jicama & Dip, Lime Wedges, Pico De Gallo, Mango WG Tortilla Chips with Guacamole Dip, 100% Juice
28 WG Oatmeal, Raisins, Diced Apples Chicken Tenders, Rice Pilaf, Tater Tots, Peas, Peaches WG Blueberry Bread I/T ONLY	29 Yogurt, Blueberries, WG Granola WG HM Grilled Cheese Sandwich, Tomato Soup, Ham Slices, Broccoli and Dip, Pears String Cheese & Apple Slices	30 Sausage, WG Toast, Orange Slices HM Nacho & Lentil Taco Meat, WG Tortilla Chips, Lettuce, Salsa, Black Beans, Tropical Fruit WG Graham Snacks & Peanut/Seed Butter	All-day session children receive breakfast, lunch and snack. Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day. WG = whole grain HM = homemade	