Biron Head Start Center March 2025 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 WG Banana Muffin Bars, Applesauce	4 Yogurt, Strawberries, WG Granola	5 Green Eggs & Ham, Strawberries	6 WG Life Cereal, Banana	7 WG HM Muffin, Applesauce
HM Mac & Cheese, Buttered Noodles, Sliced Ham, Peas, Mandarin Oranges WG Graham Snacks Preschool in Session No I/T	Turkey Slices, Cheesy Scalloped Potatoes, WGR Breadstick, Mixed Vegetables, Pears WG Rice Cakes	HM Beef Noodle Soup, Crackers, Cheese Cubes, WG Roll, Roasted Cauliflower, Apple Slices WG Cheez-It	Chicken Nuggets, Rice Pilaf, Cheesy Tater Tots, Carrots & Dip, Peaches WG Pumpkin Bread, 100% Juice	HM Chili with Beef Buttered Noodles, Cornbread, Shredded Cheese, Sour Cream, Corn, Pineapple WG Goldfish Crackers
10 WG Toast, Peanut Butter, Jelly, Banana HM Chicken Quesadilla on WG Tortilla, Sour	11 WGR Mini Waffles, Fruit Salsa BBQ Beef Lentil on a Bun, Cheese Slices,	12 Turkey Sausage, Hashbrown Patties, Orange Slices Sweet and Sour	13 Rice Krispies Cereal, Blueberries Chicken Fajita with WG Tortilla, Cheese, Sour	14 WG Blueberry Snack Bread, Orange Slices HM Cheesy Flatbread with Sauce, Cottage
Cream, Salsa, Black Beans, Tropical Fruit	Green Beans, Pears WG Tortilla Chips &	Meatballs, WG Brown Rice, Stir Fry Veggies, Mandarin Oranges	Cream, Salsa, Lettuce, Corn, Fruit Salad	Cheese, Cucumbers & Dip, Pineapple
Cottage Cheese & Peaches	Salsa	WG Veggie Crackers	HM WG Pineapple Bread	Trail Mix with WG Goldfish Crackers, 100% Juice
I/T ONLY				
17 WG Corn Chex Cereal, Strawberries	18 WGR French Toast Sticks, Mixed Berries	19 Cheese Omelet, WG Toast, Banana	20 WG Kix Cereal, Blueberries	21 WG Apple Cinnamon Muffin Bars, Applesauce
Turkey Rollup on WG Tortilla, Cheese Slices, Tater Tots, Green Beans, Kiwi	WG Spaghetti & Meat Sauce, Garlic Bread, California Vegetable, Grapes	Tomato Soup, HM Grilled Cheese on WG Bread, Ham Slices, Broccoli and Dip, Oranges	Pork Roast, Mashed Cauliflower/Potatoes, Gravy, WG Roll, Peas, Applesauce	HM WG English Muffin Meat/Cheese Pizza, Cottage Cheese, Lettuce Salad, Strawberries
WG Banana Bread I/T ONLY	Cheese Cubes & Apple Slices	WG Peanut Butter & Jelly Sandwiches	WG Sun Chips	WG Animal Crackers, 100% Juice
Center Closed	Spring Center Closed	Center Closed	Spring Center Closed	Center Closed
31 WG Oatmeal, Raisins, Pears Chicken Nuggets, Rice Pilaf, Peas, Peaches		March 24-28 Spring Break All-day session children receive breakfast, lunch and snack. Milk is served with meals and snacks, occasionally juice is served at snack time		
WG Crackers I/T ONLY	instead of milk, to 1-5 year olds. Unflavored whole milk is s unflavored 1% or skim milk is served to 2-5 year olds. Which throughout the day. WG = whole grain WGR = whole grain rich HM			