Marshfield Head Start Center April **2025** Menu

Monday	Tuesday	Wednesday	Thursday	Friday
April SLowers	1 WG Blueberry Snack Bread, Applesauce	2 Scrambled Eggs, WG Toast, Blueberries	3 Cinnamon Toast, Banana	4 WG Oatmeal, Raisins, Diced Apples
	Hamburger on WG Bun, Cheese, Potato Salad, Pickles, Fruit Cocktail WG Chex Mix	Chicken Fajita Meat, WG Shells, Cheese, Salsa, Lettuce, Green Beans, Mango WG Graham Crackers	Creamy Ham and Potato Soup, Crackers, WG Breadstick, Cottage Cheese, Peas, Pineapple	Chicken Breast Sandwich on WG Bun, Cheese Slices, Italian Blend Vegetables, Clementines
			WG Peanut Butter & Jelly Sandwich	Rice Cakes, 100% Juice
7 WG Muffins, Applesauce	8 WG Cheerios, Mixed Berries	9 WG Toast with Peanut Butter, Banana	10 WG Waffle Sticks, Strawberries	11 WG Kix Cereal, Pears
Beef Stroganoff, Egg Noodles, Garlic Bread, Peas, Mandarin Oranges	Ham & Cheese Slice on WG Bun, Baked Beans, Fruit Cocktail	HM WG English Muffin Meat Pizza, Cottage Cheese, Cucumbers & Dip, Pineapple	WG Chicken Tenders, Potato Smiles, Green Beans, Peaches	Macaroni and Cheese, Diced Ham, Cooked Carrots, Tropical Fruit
WG Scooby Graham Snacks	WG Blueberry Bread	Yogurt & WG Granola	WG Animal Crackers, 100% Juice	WG Muffin
Y Kids Only				
14 WG Bagel, Cream Cheese, Jelly, Peaches	15 WG Pumpkin Bread, Applesauce	16 Scrambled Eggs, WG Toast, Banana	17 WG Frosted Mini Wheat Cereal, Mandarin Oranges	18 WG Pancakes, Melon
Beef Taco Meat, WG Softshells, Cheese, Black Beans, Salsa, Lettuce, Pineapple	Turkey & Cheese Rollup with WG Tortillas, Pasta Salad, Cucumber & Dip, Pears	Meat Loaf, Mashed Potatoes, Gravy, WG Roll, Corn, Grapes	WG Spaghetti, Meat Sauce, Garlic Bread, Lettuce Salad, Pears	Chicken Patty on WG Bun, Tater Tots, Apple Slices
WG Chex Mix, 100% Juice	Yogurt, WG Granola	WG Tortilla Chips & Salsa	WG Bug Bite Graham Snacks	Trail Mix
Preschool in Session				Y Kids Only
21 WG Cheerios Cereal, Applesauce	22 WG Life Cereal, Peaches	23 WG French Toast Sticks, Turkey Sausage, Apple Slices	24 WG Banana Bread, Tropical Fruit	25 WG Waffles, Banana HM Macaroni and
Ham & Cheese Slices, Hawaiian Roll, Carrots & Dip, Pears	Chicken Noodle Soup, Crackers, Cottage Cheese, California Blend Vegetable,	Cheese Omelet, Hash Brown Patties, WG Toast, Melon	Chicken Alfredo, WG Rotini, Roasted Broccoli, Grapes	Cheese, Turkey on a WG Roll, Peas, Mandarin Oranges
WG Crackers, String Cheese Preschool in Session	Blueberries WG Sunchips	Yogurt, Mixed Berries, WG Granola	WG Animal Crackers	WG Peanut Butter & Jelly Sandwich
28 WG Life Cereal, Pears	29 WG Bagels, Cream Cheese, Strawberries	30 Special K Cereal, Bananas	All-day session children receive breakfast, lunch and snack. Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.	
WG Fish Sticks, WG Cheesy Breadstick, Sweet Potato Fries, Clementines	Beef BBQ, WG Bun, Peas, Cheese Slices, Applesauce	WG Chicken Strips, Buttered Noodles, WG Roll, Cooked Carrots, Kiwi		
Hummus with Pretzels	WG Graham Crackers with Peanut Butter	Cheese Cubes, WG Crackers	WG = whole grain	HM = homemade