

June 2026 Head Start Menu - West

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 WG Blueberry Bread, Applesauce</p> <p>Turkey & Cheese Slices, Hawaiian Roll, Cheesy Tater Tots, Pickles, Mandarin Oranges</p> <p>WG Chex Mix</p> <p style="color: red;">Preschool Only</p>	<p>2 WG Waffle Sticks, Fruit Salsa</p> <p>Lasagna Rollup with Meat Sauce, Parmesan, Garlic Bread, Italian Vegetables, Pineapple</p> <p>WG Goldfish Graham Crackers</p>	<p>3 Scrambled Eggs, WG Toast, Banana</p> <p>Shredded Chicken, Mashed Potatoes, Gravy, WG Roll, Green Beans, Apple Slices</p> <p>Ritz Crackers & Cheese Slices</p>	<p>4 WG Muffin, Peaches</p> <p>Chicken Strips, Buttered Noodles, Peas, Orange Slices</p> <p>Trail Mix with WG Goldfish Crackers</p>	<p>5 WG Life Cereal, Blueberries</p> <p>Burger with Bun, Cheese Slices, Carrots & Dip, Pickles, Potato Salad, WG Sun Chips, Watermelon</p> <p>WG Animal Crackers, 100% Juice</p> <p style="color: red;">Last Day Preschool</p>
<p>8 WG Cheerios, Cereal, Strawberries</p> <p>Spaghetti Meatballs on a Bun, Cheese Slices, Cooked Broccoli, Applesauce</p> <p>WG Pumpkin Bread</p>	<p>9 Breakfast Sandwich (WG English Muffin, Egg & Cheese, Pears</p> <p>Orange Chicken, WG Brown Rice, Mixed Vegetables, Pineapple</p> <p>Pretzels & Cheese Cube</p>	<p>10 Yogurt, Sausage, Banana, WG Granola</p> <p>Chicken Alfredo, Buttered Noodles, WG Breadstick, Peas, Watermelon</p> <p>Rice Cakes</p>	<p>11 WG Mini Waffles, Blueberries</p> <p>HM Egg Salad on a Hawaiian Roll, Ham & Cheese Slices, Tater Tots, Pickles, Orange Slices</p> <p>WG Tortilla Chips & Cheese Sauce</p>	<p>12 HM WG Banana Muffin Bars, Pears</p> <p>HM Cheesy Flatbread with Sauce, Cottage Cheese, Cooked Carrots, Strawberries</p> <p>WG Veggie Crackers, 100% Juice Slush Cup</p>
<p>15 WG Frosted Mini Wheats, Strawberries</p> <p>HM Sloppy Joes on a Bun, Cheese Slices, Potato Smiles, Pickles, Fruit Cocktail</p> <p>WG Goldfish Crackers</p>	<p>16 WG French Toast Sticks, Peaches</p> <p>HM Chicken Pot Pie with WG Biscuits, Cheese Slices, Peas, Pineapple</p> <p>Hard Boiled Egg & String Cheese</p>	<p>17 Cheese Omelet, WG Toast, Mandarin Oranges</p> <p>HM Mac & Cheese, Diced Turkey, Naan Bread, Cooked Broccoli, Apple Slices</p> <p>WG Graham Crackers, Peanut Seed/Butter</p>	<p>18 Rice Krispies Cereal, Blueberries</p> <p>Pork Loin Cubes with Gravy, Mashed Potatoes, WG Roll, Mixed Vegetables, Orange Slices</p> <p>Yogurt, Mixed Berries, WG Granola</p>	<p>19 WG Muffin, Applesauce</p> <p>WG Chicken Nuggets, Rice Pilaf, Corn, Kiwi</p> <p>Saltine Crackers & Cheese Slices, 100% Juice</p>
<p>22 WG French Toast Bread, Pears</p> <p>HM Grilled Cheese on WG Bread, Turkey Slices, Tomato Soup, Crackers, Carrots & Dip, Apple Slices</p> <p>WG Sunchips</p>	<p>23 WG Pancakes, Fruit Salsa</p> <p>Cheese Ravioli with Meat Sauce, Parmesan, Garlic Bread, Green Beans, Clementine</p> <p>WG Banana Bread</p>	<p>24 Cinnamon Toast, Hashbrowns, Sausage, Fresh Strawberries</p> <p>Nachos (HM Lentil Taco Meat, WG Tortilla Chips, Cheese, Lettuce, Salsa, Sour Cream), Corn, Watermelon</p> <p>WG Graham Crackers</p>	<p>25 WG Kix Cereal, Banana</p> <p>HM Chicken Cordon Bleu Casserole, Buttered Noodles, Cheese Cube, Cooked Broccoli, Peaches</p> <p>WG Chex Mix</p>	<p>26 HM WG Zucchini Muffin Bars, Applesauce</p> <p>HM Meat/Cheese Pizza, Cottage Cheese, Cucumber & Dip, Mandarin Oranges</p> <p>WG Cheez-It, 100% Juice Slush Cups</p>
<p>29 Scrambled Eggs, WG Toast, Kiwi</p> <p>HM Chili with Beef, WG Frito Chips, Noodles, Cheese, Roasted Cauliflower, Pineapple</p> <p>Pretzels & String Cheese</p>	<p>30 WG Muffin, Peaches</p> <p>BBQ Pulled Pork on a Bun, Cheese Slices, Sweet Potato Fries, Pickles, Orange Slices</p> <p>WG Peanut/Seed Butter & Jelly Sandwich</p>	<p>All-day session children receive breakfast, lunch and snack.</p> <p style="color: red;">Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p>WG = whole grain WGR = whole grain rich HM = homemade</p>		