

August 2026 Head Start Menu - Marshfield Center

Monday	Tuesday	Wednesday	Thursday	Friday
3 WG Waffles, Strawberries Cheesy Flatbread, Lettuce Salad with Tomatoes, Cottage Cheese, Tropical Fruit WG Graham Crackers <i>Y Kids Only</i>	4 Special K Cereal, Pears Corn Dogs, French Fries, Corn, Pineapple WG Tortilla chips, Salsa <i>Y Kids Only</i>	5 WG Toasted Bagels, Jelly, Cream Cheese, Peaches Meatloaf, Mashed Potatoes, Gravy, WG Rolls, Green Beans, Melon WG Pumpkin Bread, 100% Juice <i>Y Kids Only</i>	6 Scrambled Eggs, Hash Browns, Fresh Blueberries Hamburgers on WG Bun, Seasoned Broccoli, Sliced Cheese, Fruit Cocktail String Cheese, Ritz Crackers <i>Y Kids Only</i>	7 WG Muffins, Banana Chicken Fajitas: Chicken Strips, WG Softshells, Cheese, Salsa, Lettuce, Bell Pepper Strips, Oranges WG Sunchips <i>Y Kids Only</i>
10 WG Kix Cereal, Applesauce WG Breaded Chicken Strips, Cheesy Tots, Cooked Carrots, Tropical Fruit String Cheese, Pretzel Sticks	11 WG Frosted Mini Wheats Cereal, Peaches Chicken Salad, WG Bread, Cheese Cubes, Green Beans, Fruit Salsa WG Graham Crackers	12 WG French Toast Sticks, Fresh Blueberries Lasagna Rolls, WG Garlic Bread, Broccoli, Grapes Rice Cakes	13 WG Blueberry Snack Bread, Bananas Fish Nuggets, Rice Pilaf, Corn, Mandarin Oranges WG Goldfish Crackers	14 Cheese Omelet, WG Toast, Apple Slices Macaroni & Cheese, Diced Ham, WG Roll, Peas, Pears WG Peanut Butter and Jelly Sandwich, 100% Juice Slush Cup
17 WG Apple Cinnamon Muffins, Applesauce Spaghetti, Meat Sauce, WG Garlic Breadstick, Green Beans, Mandarin Oranges 100% Juice Slush Cups, WG Cheezits	18 Cinnamon Toast, Peaches Pasta Salad with Ham, WG Cheesy Breadstick, Cucs with Dip, Fruit Cocktail WG Sunchips	19 Egg Bake with Sausage, WG Toast, Jelly, Fresh Strawberries Chicken & Cheese Quesadilla on WG Tortilla, Salsa, Sour Cream, Corn, Mango Pretzel Sticks, Cheese Cubes	20 Rice Krispies Cereal, Fresh Blueberries Meatloaf, Mashed Potatoes, Gravy, Naan, Peas, Grapes Yogurt, WG Granola	21WG Waffle Sticks, Banana Chicken Patties, WG Bun, Cottage Cheese, Potato Smiles, Pineapple WG Goldfish Crackers
24 WG Life Cereal, Strawberries Deli Chicken & Cheese on Hawaiian Roll, Pasta Salad, Cooked carrots, Tropical Fruit Salad WG Animal Crackers	25 WG Cheerios, Pears WG Chicken Nuggets, Buttered Noodles, WG Roll, Peas, Applesauce WG Chex Mix	26 WG Toasted Bagels, Cream Cheese, Fruit Salsa Sweet and Sour Meatballs, Rice Pilaf, Green Beans, Naan, Mandarin Oranges WG Trail Mix	27 WG Pancakes, Banana BBQ on a WG Bun, Cheese Cubes, Potato Smiles, Watermelon WG Muffins, 100% Juice Slush Cups <i>Preschool Starts</i>	28 WG Banana Bread, Fresh Berries Grilled Cheese on WG Bread, Tomato Soup, Ham, Cucs with Dip, Apple Slices Yogurt, WG Granola
31 Special K Cereal, Strawberries WG English Muffin Pizza w/Meat and Cheese, Cottage Cheese, Cooked Carrots, Pineapple Pretzel Sticks, String Cheese		All-day session children receive breakfast, lunch and snack. <i>Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</i> WG = whole grain WGR = whole grain rich HM = homemade		

**** Infants and Toddlers (I/T)** will be fed “on demand” according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing