

July 2026 Marshfield Head Start Menu

Monday	Tuesday	Wednesday	Thursday	Friday
All-day sessions include breakfast, lunch & snack. Unflavored milk is served with meals & snacks. Juice is served occasionally, at snack time to 1-5 year olds. Whole milk is served to children in the IT program and 2% is served to children in the preschool program. Water is available all day. WG = whole grain HM = homemade		1 WG Banana Bread, Mandarin Oranges Turkey & Cheese on Pretzel Bun, Sweet Potato Fries, Fruit Cocktail WG Graham Crackers, Apple Slices	2 WG Life Cereal, Bananas Chicken Tenders, Tater Tots, Green Beans, Fruit Salsa String Cheese, WG Goldfish Crackers	3  Center Closed
6 WG Muffins, Applesauce Burgers on WG Bun, Cheese Slices, Baked Beans, Potato Smiles, Pineapple Cheese Cubes, WG Crackers Y Kids Only	7 WG Bagel, Cream Cheese, Tropical Fruit Tuna or Chicken Salad with WG Bread, String Cheese, Roasted Broccoli, Pears WG Scooby Graham Snacks	8 WG Pancakes, Fresh Blueberries Chicken Nuggets, Buttered Noodles, WG Roll, Peas, Melon Pretzels, String Cheese	9 Scrambled Eggs, Hash Browns, Bananas Taco Meat, WG Softshell, Cheese, Black Beans, Salsa, Lettuce, Corn, Kiwi Salsa, WG Tortilla Chips	10 WG French Toast Sticks, Apple Slices Pasta Bake (Rotini Noodles, Marinara, Cheese, Chicken), WG Breadstick, Mixed Veggies, Grapes WG Chex Mix, 100% Juice Slush Cups
13 WG Frosted Mini Wheats Cereal, Strawberries Meatballs, Gravy, Mashed Potatoes, Peas, WG Roll, Peaches Trail Mix w WG Goldfish	14 Rice Krispies Cereal, Mandarin Oranges Pasta Salad with Ham, Roasted Carrots, WG Breadstick, Tropical Fruit Yogurt, WG Granola	15 Cinnamon Toast, Applesauce WG Spaghetti with Meat Sauce, Garlic Bread, Broccoli, Grapes 100% Juice Slush Cup, WG Graham Snacks	16 WG Waffles, Bananas HM Chicken & Cheese WG Quesadilla, Cottage Cheese, Bell Pepper Strips, Pears Apples and Peanut Butter	17 Scrambled Eggs WG Toast, Jelly, Orange Wedges Ham & Cheese on Hawaiian Roll, Green Beans, Melon WG Muffin
20 WG Cheerios, Pears Turkey Roll Up with WG Tortilla, Cheese Slices, Tater Tots, Mandarin Oranges 100% Juice Slush Cups, WG Sunchips	21 WG French Toast Bread, Applesauce WG Fish Sticks, Potato Salad, WG Roll, Tropical Fruit Salad Rice Cakes	22 WG Kix Cereal, Fruit Salsa HM Meat & Cheese Pizza on WG English Muffin, Cottage Cheese, Lettuce Salad, Fruit Cocktail Yogurt, Fresh Berries	23 WG Pancakes, Bananas Chicken Strips, Rice Pilaf, Green Beans, Watermelon WG Animal Crackers	24 Cheese Omelet, Strawberries HM Chicken Fajitas (Chicken Strips, WG Softshells, Cheese, Salsa, Lettuce), Corn, Grapes String Cheese, WG Goldfish Crackers
27 Cinnamon Toast, Applesauce Grilled Chicken, WG Bun, Cheese Slices, California Blend Vegetable, Pears WG Pumpkin Bread	28 WG Life Cereal, Peaches BBQ on a WG Bun, Cheese Cubes, French Fries, Fruit Cocktail WG Animal Crackers, 100% Juice Slush Cups	29 Scrambled Eggs, Cheese, WG Toast, Clementines Shredded Chicken, Gravy, Mashed Potatoes, WG Roll, Green Beans, Watermelon Yogurt w/ WG Granola	30 WG Blueberry Bread, Bananas WG Chicken Strips, Mini Naan, Cooked Carrots, Fresh Strawberries Cheese Cubes, WG Crackers	31 WG Cheerios, Blueberries HM Macaroni & Cheese, Diced Ham, WG Breadstick, Peas, Mango WG Sunchips

** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.